



Flower Pops

By Alex Anderson; quilted by Angela Walters

Quilt size 58" x 58"; block size 10" x 10"

Featuring **QUILTERS SELECT™** fusibles, stabilizers, and batting



Flower Pops instructions

Quilt size 58" x 58"

Block size 10" x 10"

Fabric & Cutting Requirements

	Yards	Cut
White solid	3 yds.	10 border strips 2 1/2" x WOF, 9 A, 58 D, 12 E
Bright prints	2 1/4 yd.	112 circles, 24 B 58 D
Polka dot print scraps	1/8 yd.	16 C
Green prints	1/2 yd.	48 leaves, 18 strips 3/8" x 8 1/2"
Assorted stripes	5/8 yd.	7 binding strips 2 1/4" x WOF
Backing	3 7/8 yds.	2 panels 34" x 66"
Batting		66" x 66"

Yardage is based on fabric 40" wide. A's are cut oversize and will be trimmed after the applique is completed.

Also needed: 2 1/4 yds. 20" Quilters Select Appli-Stick or equivalent, 2 yds. Quilters Select TearAway, Teflon pressing sheet or parchment paper; thread to match the applique fabrics; Quilters Select Soft Machine Batting

Patches

A = 11 1/2" square

B = 2 1/2" x 10 1/2" rectangle

C = 2 1/2" square

D = 4 1/2" square

E = 3 1/2" square

Getting started

Presoak print fabrics in hot water until all excess dye is released. Press all fabrics. Starch lightly if desired.

Print the Flower Pops circle and leaf applique patterns.

Cutting the white solid

Cut the 2 1/2" border strips first and set them aside. Join the strips end to end with diagonal seams to make one long strip. Cut the long strip into the following: 2 strips 58 1/2"; 2 strips 54 1/2"; 2 strips 42 1/2"; 2 strips 38 1/2". Set them aside.

Cut the patches listed in the Fabric & Cutting Requirements. The A patches are oversize and will be trimmed after the applique is completed.

Cutting the prints

The Fabric & Cutting Requirements list the total number of patches needed to make the quilt. For a scrappy quilt like this, Alex waits to cut these patches as she makes the blocks.

Applique the flower pop blocks

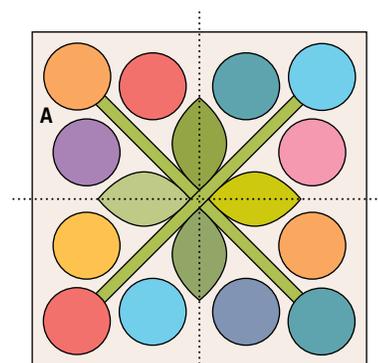
Refer to the manufacturer's directions. Trace the circles onto the paper side of the Appli-Stick, leaving a little room between the motifs. Cut the traced shapes out roughly and fuse them to the back side of your chosen fabrics. Once fused, cut the patches on the drawn lines. Repeat for the leaf patches. Similarly, apply Appli-Stick to your chosen stem fabrics. Cut strips for stems as directed in the Fabric & Cutting requirements.

Fold a solid white A in half diagonally twice and finger press the folds to locate the center.

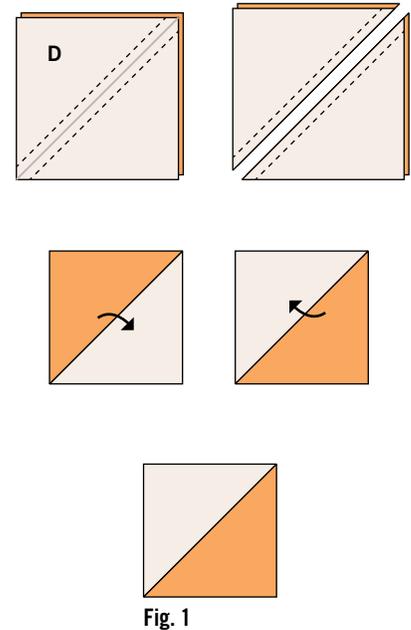
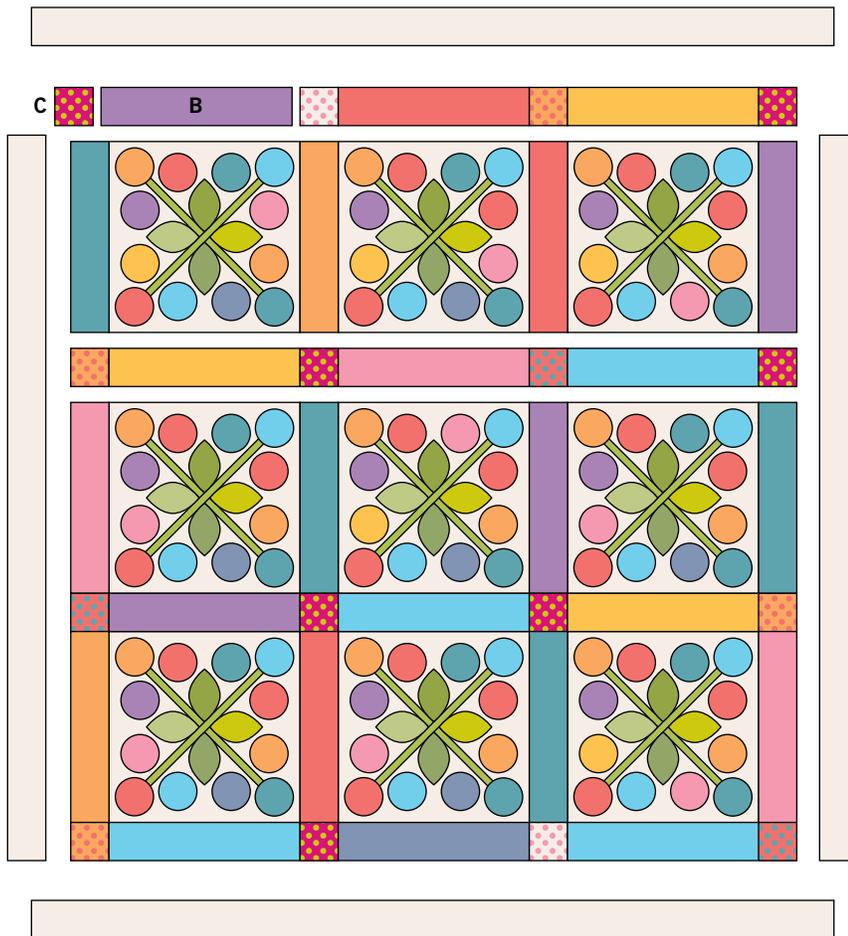
Referring to the applique placement diagram and using the folds as a guide, position 2 stems, 12 circles, and 4 leaves on the A. Fuse the patches in place.

Cut a piece of Select TearAway slightly larger than the area to be appliqued. Place the shiny side of the TearAway on the back side of the A. Cover the stabilizer with the pressing sheet or parchment and fuse in place. Using matching thread and a small blanket or zigzag stitch, stitch around the edges of the applique patches. Once stitching is complete, gently tear away the excess stabilizer.

Place the appliqued A face down on a padded surface and press. Measuring from the center, trim the block to 10 1/2" square. Make 9.



Applique Placement



Quilt Center Assembly

Assembling the quilt center

Refer to the quilt center assembly diagram. Sew 4 C's alternately with 3 B's to make a sash row. Press the seam allowances toward the B's. Make 4.

Sew 4 B's alternately with 3 appliqued blocks to make a block row. Press the seam allowances toward the B's. Make 3.

Matching centers, ends, and seams, join the sash rows alternately with the block rows. Press. Matching centers and ends, join the 38½" white solid strips to the sides of the quilt center. Similarly, join the 42½" strips to the top and bottom of the quilt center. The quilt center should now measure 42½" square, raw edge to raw edge.

Make the half-square triangle units

Referring to Fig. 1, draw a diagonal line, corner to corner, on the back of a solid white D. Place this D right sides together

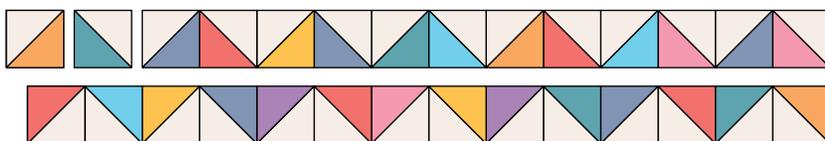
with a print D. Stitch with a ¼" seam on both sides of the drawn line. Cut on the drawn line. Press the triangles open. You will have 2 half-square triangle units.

Measuring from the center, trim the half-square triangle units to measure 3½" square. Repeat with the remaining A's to make 116 half-square triangle units.

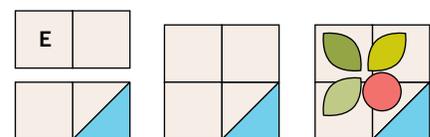
Make the pieced borders and corner units

On a design wall or large flat surface, arrange 28 half-square triangle units in 2 rows as shown in the border piecing diagram, paying careful attention to the orientation of the units. When you are satisfied with the arrangement, join the units into rows. Join the rows. Make 4 like this.

Referring to the corner unit diagram, join 3 white E's and a half-square triangle unit to make a corner unit. Position 3 leaves and a circle on the corner unit. Fuse the patches in place.



Border Piecing



Corner Unit

Cut a piece of Select TearAway slightly larger than the area to be appliqued. Place the shiny side of the TearAway on the back side of the corner unit. Cover the stabilizer with the pressing sheet or parchment and fuse in place. Using matching thread and a small blanket or zigzag stitch, stitch around the edges of the applique patches. Once stitching is complete, gently tear away the excess stabilizer. Make 4 corner units.

Referring to the quilt assembly diagram, match centers and ends and join 2 pieced borders to the sides of the quilt. Sew a corner unit to each end of the remaining pieced borders. Sew these borders to the top and bottom of the quilt.

Add the final borders

Matching centers and ends, join the 54½" white solid strips to the sides of the quilt center. Similarly, join the 58½" strips to the top and bottom of the quilt center.

Finishing the quilt

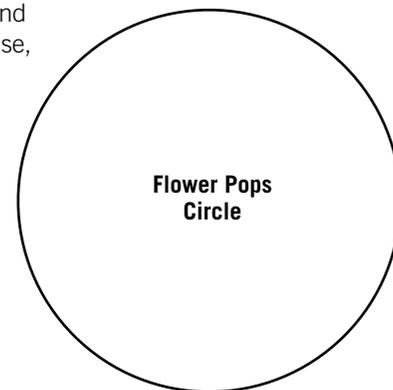
Refer to the manufacturer's instructions for helpful tips for fusing Select Soft Machine Batting.

Set your iron for a rayon/polyester setting. Lay Select Soft Machine Batting on the ironing board or work surface. Mist the batting lightly and evenly with water. Layer the backing fabric on the batting. Press evenly with the iron, one section at a time. Let cool to room temperature.

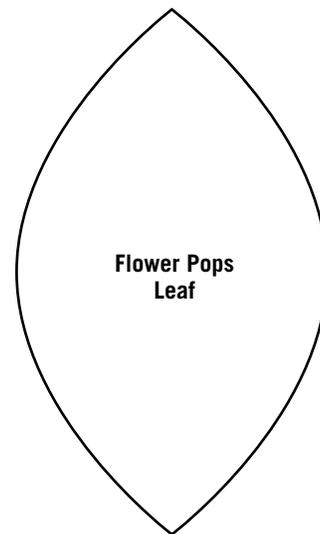
After the backing is adhered, flip the batting over and repeat to fuse the quilt top.

Refer to the quilt photo to see Angela's quilting motifs. Quilt as Angela did or as desired.

Join the binding strips end to end. Fold in half lengthwise, wrong sides together, and press. Bind the quilt to finish.



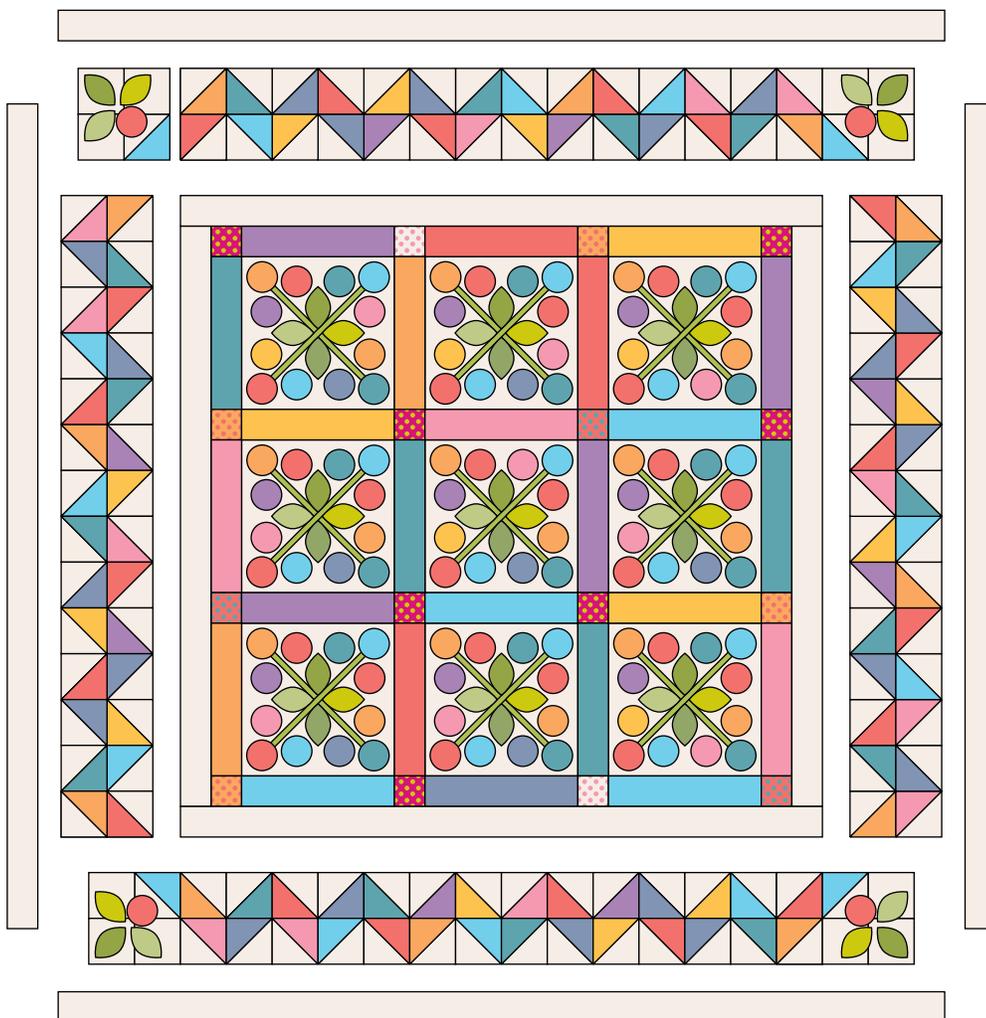
Flower Pops
Circle



Flower Pops
Leaf

1"

To be sure your patterns for this project will print correctly, set the page scaling preference to "none." Double-check the accuracy of your printout by measuring the 1" square scale with a ruler.



Quilt Assembly